A HUMANIM SOCIAL ENTERPRISE

CITY SEEDS

GOOD FOOD IS GOOD BUSINESS.

City Seeds Catering menu celebrates everything made in Baltimore and made from scratch. Healthy and seasonal is not a trend for us, it's our passion. By ordering City Seeds Catering, you will be satisfied with high quality fare while supporting the creation of job opportunities in our urban core.

OUR FOOD HAS AN EMPHASIS ON LOCAL AND SEASONAL INGREDIENTS.

From breakfast meetings for ten to multi-venue food service programs, we can handle everything you need for your next event or meeting.

Contact us at CATERING@CITYSEEDS.ORG or 410.563.5533
Visit us online at CITYSEEDS.ORG

CITY SEEDS

BREAKFAST

Includes disposable serviceware

BREAKFAST SANDWICHES

Options can include gluten free and vegetarian.

HAM, EGG, & CHEESE

eggs, ham, cheddar cheese, croissant

VEGGIE EGG WHITE

salsa picante, swiss chard, croissant

BLT

bacon, lettuce, tomato, croissant

WESTERN EGG MELT

chorizo, chihuahua cheese, salsa picante, ciabatta

Less than 20 people — $6.50 each

20 people or more — $5.50 each

GRANOLA & YOGURT PARFAIT

Homemade granola with house yogurt & fresh berry compote.

Small (serves 10) — $40

Large (serves 25) — $100

$5 each

SEASONAL FRUIT PLATTER

What's in season tastes best.

This platter will include seasonal & local fruit.

Small (serves 15) — $55

Large (serves 25) — $95

Individual cup — $4.50 each

FRENCH TOAST CROISSANT

The ultimate way to get your french toast fix.

with Vermont maple syrup & bananas

$6.50 each — min 5

CRUSTLESS MINI QUICHE

with smoked salmon, red onion, capers, arugula, & creme fraiche

$6.50 each — min 5

COFFEE CAKE BREAD PUDDING

with devonshire cream

$7.25 each — min 5

FARMERS RICOTTA BLINTZ

with pear butter pine nut streusel

$8.50 each — min 5

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CITY SEEDS

BAKERY

Includes disposable serviceware

MUFFINS *vegan*

Made in Baltimore by **HVMBLE VEGAN KITCHEN**

Your choice of:

APPLE CIDER / BLUEBERRY LEMON / BRAN
CHOCOLATE CHIP / EARL GREY

Tray of 12 — $36
Tray of 25 — $70
Tray of 50 — $130

DONUTS *vegan*

Made in Baltimore by **HVMBLE VEGAN KITCHEN**

Your choice of:

APPLE CIDER / BLUEBERRY LEMON / EARL GREY

Tray of 12 — $36
Tray of 25 — $70
Tray of 50 — $130

COOKIES

Your choice of:

SALTED CHOCOLATE OATMEAL
PEANUT BUTTER / OATMEAL RAISIN
CHOCOLATE CHIP / BUTTER CRUNCH

Individually packaged available. Suggested for gifts!

1/2 Dozen per flavor — $12/tray
1 Dozen per flavor — $21/tray
$2.15 each — individually packaged

BAGELS

Made in Baltimore by **STONE MILL BAKERY**

Served with a selection of seasonal jams, butter, & cream cheese.

with PLAIN CREAM CHEESE

$3.25 each

BUTTER CROISSANTS

Made in Baltimore by **STONE MILL BAKERY**

Served with a selection of seasonal jams & butter.

$3 each

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CITY SEEDS

LUNCH

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GOURMET WRAPS & SANDWICHES

Options can include gluten free and vegetarian.

CHICKEN CURRY

chicken breast, celery, onion, mayonnaise, sour cream, lemon juice, cilantro, red grapes, curry powder, bibb lettuce, tomato, flour tortilla

VEGGIE BURRITO

portobello mushroom, swiss chard, lentils, quinoa, tomato, red onion, fresno chili, garlic, grape seed oil, flour tortilla

BLACK FOREST

black forest ham, pear, bibb lettuce, gruyere, mayonnaise, rosemary, walnuts, multigrain

EVOLUTION OF ROMESCO

blistered pepper, tomato, almond, garlic, mayonnaise, smoked paprika, grape seed oil, multigrain

BELLA DELLA

portobello mushroom, mortadella, kale, anaheim pepper, provolone, mayonnaise, black garlic, ciabatta

BRISKET

beef brisket, provolone, cilantro, parsley, scallion, jalapeño, lime juice, oregano, ginger, palm sugar, ciabatta

ROAST BEEF

roast beef, horseradish, sour cream, baby arugula, onion, tomato, apple cider vinegar, ciabatta

ROAST TURKEY

roast turkey, curly endive, granny smith apple, jalapeño havarti, dijon, mayonnaise, multigrain

PB&J

City Seeds chunky peanut butter, strawberry jam, country white bread

ITALIAN COLD CUT

capicola, salami, bibb lettuce, tomato, anaheim peppers, provolone cheese, extra virgin olive oil, red wine vinegar, ciabatta

Less than 20 people — $11 each

20 people or more — $10 each

BOX LUNCH

SIMPLE — *$12*

Sandwich or wrap, homemade sweet potato chips, cookie or seasonal fruit

HEALTHY — *$12*

Salad, roll, seasonal fruit

EXECUTIVE — *$17*

Sandwich or wrap, salad, homemade sweet potato chips, cookie or seasonal fruit

BUFFET

Min 10 people

Assortment of wraps, sandwiches, and one of our salads.

Small (serves 10) — $175

Large (serves 20) — $300

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LUNCH

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SALADS

Our unique twist on the classics.

URBAN PASTORAL MIXED GREENS

Urban Pastoral mixed greens, pomelo, fennel,
pear, brie, pumpkin seeds, chestnut, honey

KALE CAESAR

kale, lemon, focaccia crouton, pecorino romano

THE WEDGE

baby iceberg lettuce, blue cheese,
sun dried tomato, radish, chives

SALSA VERDE

baby spinach, curly endive, kale, arugula,
baby broccoli, green beans, lime

HEARTY ITALIAN

romaine hearts, salami, capicola, provolone,
Anaheim peppers, extra virgin olive oil, red wine vinegar

VIRTUAL HUMMUS

chickpeas, red peppers, baby kale, curly endive, golden raisin,
garlic, lemon, extra virgin olive oil, tahini

RAMEN NOODLE

ramen noodles, shiitake mushrooms, Swiss chard,
scallion, tofu, barley miso, black garlic, tamari

Less than 20 people — $11 each

20 people or more — $10 each

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CITY SEEDS

HORS D'OEUVRES

Includes disposable serviceware

COLD & HOT

Min 20 people

BEET TARTARE
with sunchoke crisps & chimichurri

CITRUS FRUIT CEVICHE
pomelo, clementine, pomegranate, kiwi, fresno chili, & pumpkin seeds

CHICKEN & WAFFLE CONE
with Vermont maple syrup and chives

SHRIMP COCKTAIL
with horseradish cream, sesame, citrus, & seaweed

CRAB & APPLE TACO
tarragon aioli, leek, celery, & lime

MUSHROOM TOSTADA
sun dried tomato, swiss chard, chihuahaua cheese, & cilantro

SAUSAGE & PEPPERS
housemade Italian sausage with onion marmalade

BEEF BRISKET
with white bread & honey butter

BAY CHICKEN SKEWERS
seasoned with lemon, olive oil, sea salt, & herbs

TOASTS

Min 10 people

BURRATA & PEPPER JAM

PEAR & CHESTNUT HONEY

BRÛLÉE OF POMELO *with* CAPERS & ARUGULA

Less than 50 people — choose any four (4)
COLD AND HOT / TOAST *dishes — $15 per person*

50 people or more — choose any six (6)
COLD AND HOT / TOAST *dishes — $12 per person*

Additional dishes — $4 per person

CHESAPEAKE CRAB DIP

garlic, shallots, wine wine, cream cheese, fontina, & Old Bay
(serves 25) — $200

ARTISANAL CHEESE

with crackers and house made seasonal jams
(serves 25) — $200

CHARCUTERIE BOARD

with house made bread, jams, & mustards
(serves 25) — $200

CRUDITES

raw vegetables with house made dips
(serves 25) — $65

After you've spent all of that time planning and organizing your event, the only thing left is to enjoy it! Let our talented wait staff take it from there. For our Hors D'Ouevres menu, wait service is encouraged to ensure set up, replenishment, and clean up.

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BEVERAGES

BOXED WATER

250 ml — 24 boxes for $35

500 ml — 24 boxes for $45

HILDON SPARKLING WATER

330 ml — $70 for a case of 24 / $3 each

GUNDALOW JUICE

Baltimore based company that will bring your event fresh cold pressed juice.

DOCKSIDE SUNRISE / COASTAL CUCUMBER
SAILOR'S DELIGHT STARBOARD / STRAWBERRY
WATERMELON WAVES

A variety of 12 flavors for $80 / $7 each

MAINE ROOT FAIR TRADE CERTIFIED SODA

Organically sweetened with no extra processing and no additives.

ROOT BEER / GINGER BREW / BLUEBERRY MANDARIN ORANGE / MEXICANE COLA

A variety of 24 flavors for $90 / $3.75 each

SPINDRIFT

Seltzer made with real squeezed fruit with no sugar added.

CUCUMBER / RASPBERRY / GRAPEFRUIT / LEMON

12 oz can — $3.50 each

PURITY 100% JUICE

APPLE / ORANGE

12 oz — $3 each

HOT COFFEE

DARK, LIGHT, OR MEDIUM ROAST AVAILABLE

Plus ask about special blends.

160 fl oz Traveler $37 / serves 20 / 8 fl oz cups

2.5 gallon Dispenser $ 65 / serves 40 / 8 fl oz cups

COFFEE COUNSELOR COLD BREW COFFEE

12 oz bottle — $4.50 each

TEA

ZEST TEA, a Baltimore based company.

All blends have as much caffeine per cup as coffee, while reducing the jitters associated with most caffeine products.

BLUE LADY BLACK / POMEGRANATE MOJITO
EARL GREY / APPLE CINNAMON

A variety of 24 tea bags for $72 / $3.25 each

WILD KOMBUCHA TEA

MADE IN BALTIMORE

Kombucha has many health benefits.

Elderberry 12 oz.

$75 for case of 24 / $4 each

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FINE PRINT

PRICES ARE SUBJECT TO CHANGE

City Seeds' menus are priced per person and include disposable serviceware. While we strive to ensure accuracy, we reserve the right to correct any errors in pricing or descriptions and to cancel or refuse to accept any order based on an incorrect price or description. Prices are subject to change without notice due to market conditions.

DELIVERY ORDERS

Delivery orders are perfect for a more casual type of entertaining. Our trained delivery staff will make certain that your order is on time. Delivery orders must be placed by 10:00 am two (2) business day prior to the event date. Delivery charges are based on location. Deliveries are scheduled within a 45 minute window of your choice. Delivery is an additional 5% charge.

EXECUTIVE SET-UPS

Our executive delivery team will come to your location and set-up your food using linens, chafers, and decorative serving platters. Linens and chafers have an additional rental fee. Executive Setup orders are to be placed four (4) business days prior to the event date. Delivery charges are based on location. There will be a 10% service charge added to the food and beverage. Executive Setups are scheduled within a one hour window of your choice. City Seeds' will not process any orders without payment in full, a signed contract and signed Terms and Conditions. Payment terms are available for corporate clients with approved credit. Please contact catering@cityseeds.org for details.

Allergy Disclaimer

City Seeds will do our best to accomodate any dietary needs, however, products are made in an environment where nuts and gluten are used. For that reason, we cannot guarantee any products will be allergen free and we cannnot be liable to any consumer in relation to the presence of nuts, gluten or other allergens.

FOR FULL-SERVICE EVENT NEEDS

Please contact catering@cityseeds.org